

Pete's Ideal Week

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
06:00 - 06:30	Run	Read	Read	Run	Read	Lie-in	Lie-in		
06:30 - 07:00		Gym	Gym		Gym				
07:00 - 07:30	Shower, Breakfast, Dog	Shower, Breakfast, Dog	Shower, Breakfast, Dog	Shower, Breakfast, Dog	Shower, Breakfast, Dog				
07:30 - 08:00									
08:00 - 08:30	Mastermind					Run	Shower, Breakfast, Dog		
08:30 - 09:00		Admin	Admin	Admin		Shower, Breakfast, Dog	Church		
09:00 - 09:30	Admin				Report-writing				
09:30 - 10:00		Client Meetings				Household Maintenance	Free Family Time		
10:00 - 10:30									
10:30 - 11:00	Team meeting								
11:00 - 11:30	Admin								
11:30 - 12:00	Lunch, walk, nap								
12:00 - 12:30									
12:30 - 13:00									
13:00 - 13:30	Marketing time	Client Meetings	Client Meetings	Report writing	Planning time	Household Maintenance	Free Family Time		
13:30 - 14:00									
14:00 - 14:30									
14:30 - 15:00									
15:00 - 15:30									
15:30 - 16:00									
16:00 - 16:30					Health suite				
16:30 - 17:00									
17:00 - 17:30			Kate Singing						
17:30 - 18:00	Dinner, Family & Dog walk								
18:00 - 18:30									
18:30 - 19:00									
19:00 - 19:30	MMtv	MMtv	Night Off / Date Night	MMtv	Movie Night				
19:30 - 20:00									
20:00 - 20:30									
20:30 - 21:00									
21:00 - 21:30									
21:30 - 22:00									
22:00 - 22:30	Sleep								
22:30 - 23:00									
23:00 - 23:30									
23:30 - 00:00									

Key:

	Me Time!
	Family and home time
	Clients
	MMtv and Marketing
	Admin
	Other